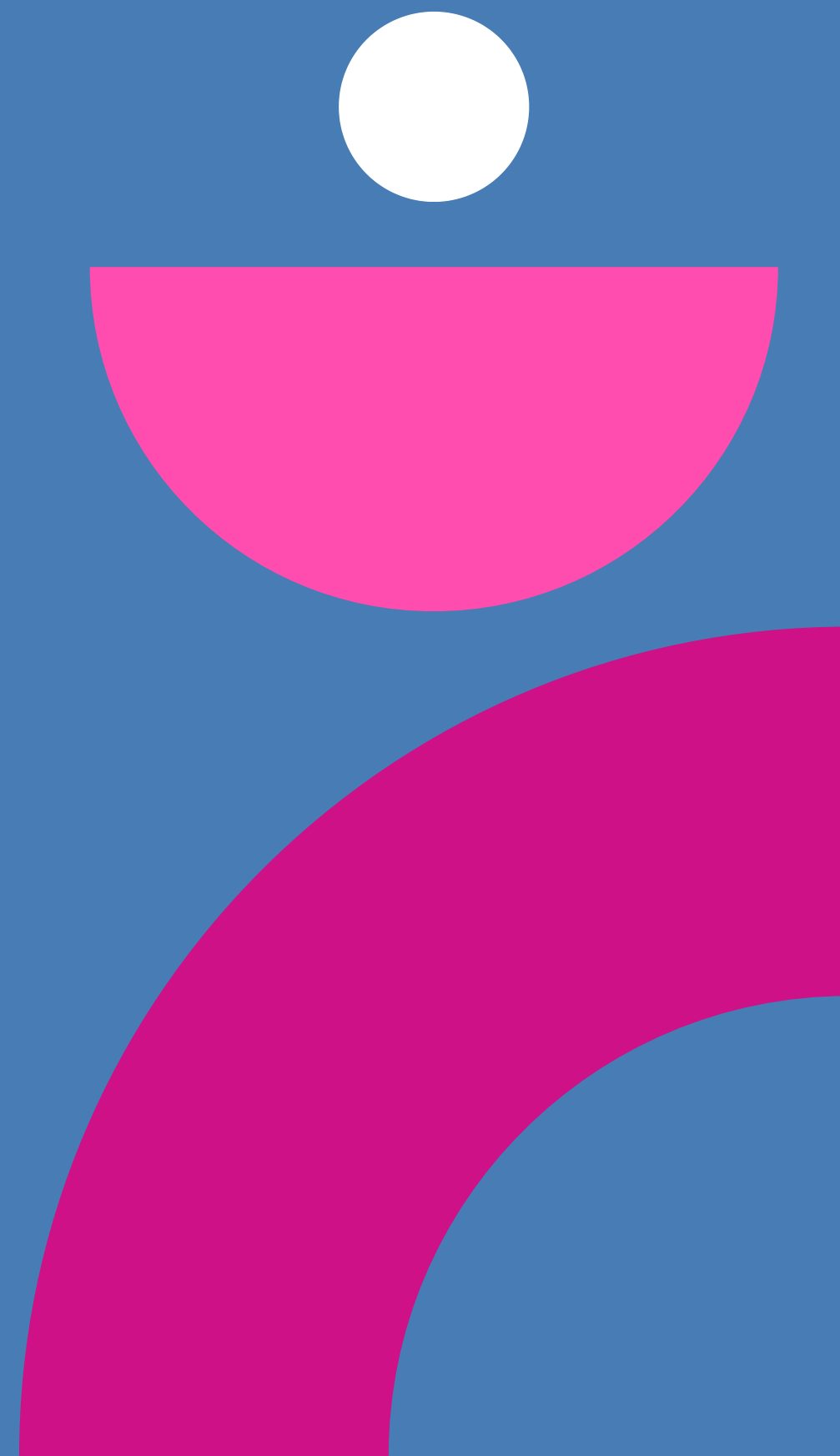




SEMH Support Service for Preschools & Primary Schools

WWW.TOTALCHILDRENTHERAPY.COM





SEMH Support Service for Preschools and Primary Schools

SERVICE OUTLINE

Do you have children who:

- Find it hard to regulate in school
- Have separation anxiety from parents
- Have difficulty understanding setting rules or routines
- Consistently need some extra support to access the curriculum
- Need support with how to play.

We are aware that settings are currently struggling to access timely intervention and face to face contact with professionals to help with supporting the children in their care. We are therefore offering the opportunity for you to buy in support from our experienced team.

Fees

The service can be bought in by the hour, as a half day or full day rate (to be used over the school year). For fees, please refer to our Fees and Services document.



SEMH Support Service for Preschools and Primary Schools

SERVICE OUTLINE

We can offer support in a number of ways - but it will always provide a systemic look at a child in order to gain a broader knowledge of their experiences and their responses to these experiences:

- As a consultation service for staff support on a 1:1 basis or as a group
- Attendance at meetings - to act an advisor - to find out and collate information, then help formulate and make plans for when school have some concerns around a child e.g. children 'acting' out/ not quite fitting into the year group/ anomalies with behaviour. This is especially useful when school are struggling to understand why a child is behaving as they are and are unsure what route to take.
- Observations and Advice
- Training on a number of areas around SEMH
- Provide blocks of theraplay
- Home visits can also be considered to help join up a full picture and offer a 'neutral person' going into home.



This service is offered by Caroline Ovens

CHILD & FAMILY THERAPIST, CAROLINE OVENS

Caroline has worked with children and families in different capacities throughout her working life. She started her career in nursing before moving on to work in therapeutic residential care with young children, where she developed a therapeutic living environment for children who had experienced developmental trauma.

Her training in psychological therapy started 40 years ago when she worked in a Family Support Centre. She completed the Advanced Diploma in Therapeutic Counselling at Manchester University, twenty-seven years ago.

She moved to Dorset 25 years ago where she started working in the child and adolescent mental health service (CAMHS) and became a child and family therapist having completed her Post Graduate Diploma in Family Practice (Family Therapy) from Reading University.

She has always had a passion related to the relationship between parents and children, which has led her to complete further training in Attachment, Level 2 in Dyadic Developmental Psychotherapy (DDP), and Level 2 in Theraplay. She is currently working towards her final accreditation.

CAROLINE'S EXPERIENCE IS CONTINUED OVERLEAF

Y₄ O₁ U₁

A₁ R₁ E₁

S₁ A₁ F₄ E₁

H₄ E₁ R₁ E₁

Child & Family Therapist, Caroline Ovens

During her time at CAHMS she has gained many skills and knowledge of the challenges children and parents struggle with, and the different therapeutic approaches to use when working with families. She has recently undertaken some extra training in Acceptance and Commitment therapy (ACT).

Caroline always endeavours to create a warm and accepting environment in which children and families can feel safe and supported and can therefore explore their concerns, fears, worries, and feelings. She works with children and families in a creative, therapeutic way, and uses play, story work, and talking therapy in her sessions with both children and parents.

Caroline has worked as a part of the Total Children's Therapy team since for the last 9 years, as well as CAMHS in East Dorset team until last month. She is a member of the British Association of Counselling and Psychotherapy (BACP) and the Association of Family Therapy (AFT). Has the regular enhanced police check and safeguarding update ever 2 years.

For more information please do not hesitate to get in touch.



FOR MORE DETAILS OR TO MAKE A BOOKING:

Contact Us

TOTAL CHILDREN'S THERAPY
POOLE ROAD MEDICAL CENTRE,
7 POOLE ROAD
BOURNEMOUTH
BH2 5QR

TEL: 01202 743674 MOBILE: 079 394 10048

EMAIL: INFO@TOTALCHILDRENSTHERAPY.COM

WWW.TOTALCHILDRENSTHERAPY.COM

