



Hi
My name is
Karen

Things I like

- Swimming
- Sunshine
- Working in my garden
- Lots of cheese

Things that make me happy

- Sharing time with friends and family
- Riding my bike
- Making and looking at art
- Watching good films



Things I don't like

- People being unkind
- Fizzy drinks

Things that make me worried

- When I think I can't do my work fast enough
- If I have lost something important

I am an Educational Psychologist and I work with children, young people, their families, and school, to find out all the things that are going well, and the things that are difficult. We then make a plan together deciding on the best way to help.