Things I like

- The sea –
 looking at it or
 being in it
- Snowboarding
- BBQ'd fish
- Being in the sunshine
- Running

Things that make me happy

- Watching my children doing things they love.
- Catching up with friends
- Fun with family
- Helping people





I am a speech and language therapist. I help children and young people to communicate.

Things I don't like

- Orange flavoured sweets
- the sound of cutlery scrapping on the plate
- Numbing injections at the dentist
- Mice

Things that make me worried

- Talking in front of lots of people
- Not being able to sleep
- Skateboards

