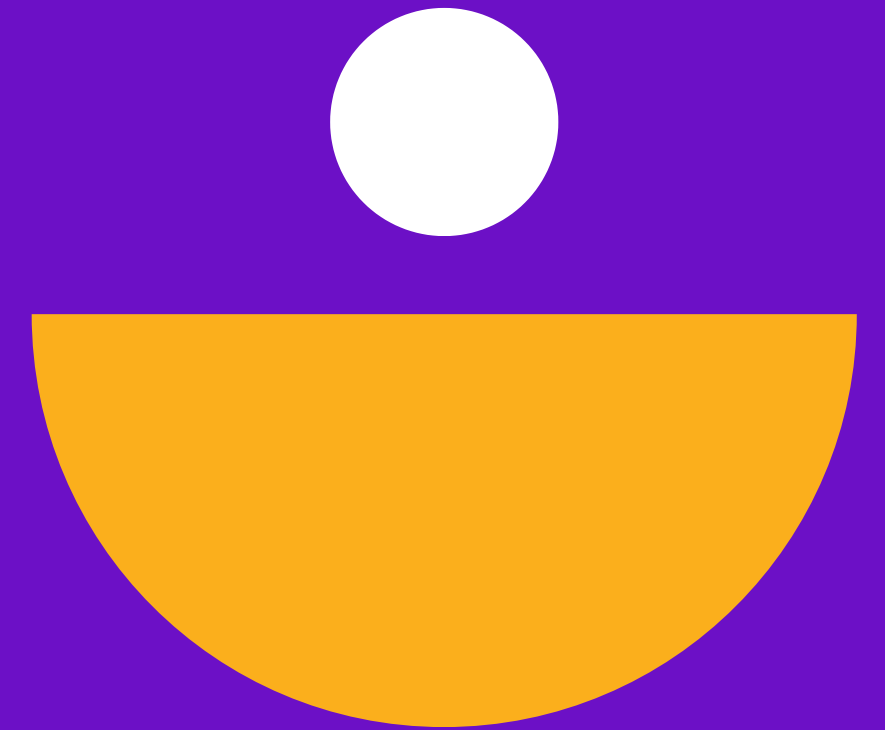




Social Communication Specialist Service

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Social Communication: Service Overview

The Social Communications Service supports families through the journey of understanding and navigating a neurodivergent diagnosis. After receiving a diagnosis, it's natural to feel a mix of relief and confusion, but it's also an opportunity to learn and grow. We help you identify your child's unique challenges and strengths, providing strategies to overcome social, learning and emotional barriers. The more support you gather, the better equipped you'll be to create positive outcomes for your child.

The service also focuses on educating those around your child, as small adjustments from family, teachers, and peers can make a significant difference in helping them thrive. With a unique perspective shaped by both personal and professional experience, our Social Communication Specialist works alongside families to understand diagnoses, celebrate strengths, and advocate for neurodiversity.

Together, you can build a supportive, safe environment where your child can reach their full potential.

Extra Info

In-clinic sessions for the Social Communication service are held at our TCT Westbourne site. The full address, along with directions and clinic opening hours, can be found [on our website](#).

Introducing Helen Riggs - Social Communication Specialist

The Social Communication Specialist Service is delivered by Helen Riggs. Helen has over 20 years experience as an ASD therapist and level 3, Specialist Teaching Assistant with a specialist interest in speech and language support. Over the years she has worked with children both in school and at their homes.

Early in her career she trained as a 1:1 therapist for children on the Autistic Spectrum and this is where much of her experience lies. Helen also has good experience of working with children with visual, hearing & cognitive impairment and also with Developmental Language Disorder.

Helen has a passion for helping children overcome barriers to learning and socialising. She loves to provide children and young people with the tools and confidence needed to overcome any communication and social difficulties that may be holding them back. She enjoys making a positive impact on a child's ability to feel confident in various social situations.

Helen has the perfect skill set to help families, children and young people with understanding any recent neurodiverse diagnosis and to help them better understand the world around them in real life situations.

She likes to engage with young people on their level and enjoys getting creative and using a child's interests and strengths to help them express themselves and reach their full potential. You can download a 'child-friendly' description of Helen [here](#).





Package Options for Social Communications Service

Package Name: Mini

Description of what package includes:

This session aims to give a better understanding when a recent neurodiverse diagnosis is received. For example, you might explore the following together:

- terminology used
- what do you know about your diagnosis/traits.
- others who are neurodiverse and what they have achieved.
- benefits to a diagnosis.

At the end of this session, you will then have a handout to take away with you.

Fee: £60 for a 60-minute session



Package Name: Midi

Description of what package includes:

The initial session will be like the one described in the Mini package. Then:

- Session 2 will look at family dynamics - how well do you know each other within the family and everyday situations.
- Session 3 will focus more about coping with real life situations both in and outside the home.
- A review with then be offered 4- 6 weeks later.

At the end of this session, you will then have a handout to take away with you.

Fee: £225 for 4 x 60-minute sessions



Package Name: Maxi

Description of what package includes:

The initial session will be like the one described in the Mini package. Then:

- Sessions 2-7 will look at family dynamics, how well do you know each other within the family and everyday situations and more about coping with real life situations both in and outside the home.
- A review with then be offered 4- 6 weeks later.

At the end of this session, you will then have a handout to take away with you.

Fee: £450 for 8 x 60-minute sessions

‘Add on’ sessions

If any extra sessions are required, they will be offered at Helen’s hourly rate and can be arrange directly with her.

Fee: Hourly fee of £60 for a 60-minute session

 FOR FURTHER DETAILS OR TO MAKE A BOOKING

Contact Us

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