



Hi
My name is
Catherine



I am a Paediatric Physiotherapist

Things I like

- Being outdoors
- Doing exercise
- Listening to music or podcasts
- Going to the cinema

Things that make me happy

- Watching my children doing gymnastics or playing football or cricket
- Kind people
- Chocolate
- Having fun

Things I don't like

- People being unkind
- Sprouts

Things that make me worried

- Being late
- Sometimes I get worried when I have to try something new or different

I help children learn how to move the muscles and joints in their bodies in the best way they can. I help children to do the things that they would like to be able to do or become better at. Some of these things might be being stronger, being more flexible or bendy, having better balance, walking, or running.