



Hi My name is Jane

Things I like

- Gardening
- Walking
- The beach
- Swimming in the sea

Things that make me happy

- All the above!



Things I don't like

- Rude people
- Unkindness
- Cat poo in my garden!

Things that make me worried

- Hmm- I try not to worry about anything that I cannot change. That way I can always find a solution to sort it so that I don't worry

I am a Paediatric Physiotherapist and I work with children to help them improve their movement skills, build confidence in skills like kicking and throwing balls, balance and being quick! My job is to look at ways to make things easier to do or find something which will help. I help children to understand their muscles, their bones and even parts of their brains which all work together to make things you do work.