



**Hi**

**My name is Kate**

**Things I like**

- Swimming in the sea
- Ice cream
- Beach holidays

**Things that make me happy**

- Hanging out with my kids
- Having fun with friends
- Eating cake



**Things I don't like**

- Missing out on sleep
- Cold food when it's supposed to be hot

**Things that make me worried**

- Learning to ski
- Going in lifts

I am a Clinical Psychologist.

I help children with how they are thinking and feeling.