



# Building Relationships & Attachments

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## SERVICE OUTLINE

- TCT's Relationships and Attachment Support Service is for parents or carers who recognise that they struggle with bonding or attachment with their baby, child, tween or teenager for whatever reason.
- The service will help parents to understand what may be causing their child's moods/behaviours. Support is then provided to learn different approaches to interact with their children.
- In turn, this helps to improve the relationship and leads to a number of positive gains such as an increase in self-confidence, better emotional regulation and helps the parent feel more confident to meet their child's needs.



## Who is the service designed for?

- Parents/carers who have struggled to form an attachment to their child/ baby.
- Those who want to build a better relationship between parent/carer and child.
- Parents/carers who feel their children's behaviour is due to difficulties with their relationship and connection.
- For those who have had a forced separation from their child and want to rebuild their attachment.

## Fees

- Please refer to our Fees and Services document.



FOR FURTHER DETAILS OR TO BOOK

# Contact Us

TOTAL CHILDREN'S THERAPY  
POOLE ROAD MEDICAL CENTRE,  
7 POOLE ROAD  
BOURNEMOUTH  
BH2 5QR

TEL: 01202 743674 MOBILE: 079 394 10048

EMAIL: [INFO@TOTALCHILDRENSTHERAPY.COM](mailto:INFO@TOTALCHILDRENSTHERAPY.COM)

[WWW.TOTALCHILDRENSTHERAPY.COM](http://WWW.TOTALCHILDRENSTHERAPY.COM)

