

## HOW TO FIND US

In addition to families who live locally we also see families who travel to us from all across the UK. We also see children who live abroad and come to TCT for assessment and/or blocks of intense therapy.

We are conveniently placed on the border of Poole and Bournemouth in Dorset for easy access by various means of transport:

### BY CAR

We are easy to find from all directions (for satnav use BH2 5QR). The clinic has plenty of parking including both disabled and parent and child spaces.

#### From Wessex Way/A35:

- Head northeast on Wessex Way/A35
- At the roundabout, take the 2nd exit onto Cambridge Rd/B3066
- At the roundabout, take the 3rd exit onto Poole Rd.
- TCT is on the left based within Poole Road Medical Centre opposite to the Holiday Inn Hotel.

### BY BUS

Wilts and Dorset and Yellow Buses serve the bus stops directly outside the clinic.

### BY AIR

- Bournemouth Airport (7 miles – 13 mins)
- Southampton Airport (34 miles – 35 mins)

### BY TRAIN

- Bournemouth Train Station (2 miles – 5 mins)
- Poole Train Station (5 miles – 14 mins)

### BY NATIONAL EXPRESS COACH

- Bournemouth Coach Station (2 miles – 5 mins)
- Poole Coach Station (5 miles – 13 mins)

### BY FERRY

- Lymington Port (20 miles 42 mins)
- Poole Port (6 miles – 20 mins)
- Portsmouth (50 miles – 60 mins)

**NB: A video guiding you into TCT is available on the 'Our Practice' page of the TCT website.**